

Band/Artist: 3 Foot High
Album Title: Waves
Label: Self Released
Release Date: October 26th 2018
Genre: Rock

Description:

Waves is the debut album from Essex rock band 3 Foot High. 3 Foot High have concocted a rewarding mix of songs into an album that blends so well that the coverage of hard rock, punk rock, commercial rock and the occasional blues rock is something to behold. Their live performances are also incredibly powerful for a band of three often running through three or four songs without interval.

Influences for the album:

Foo Fighters, Green Day, Puddle of Mudd, Lonely The Brave, Guns N Roses, Biffy Clyro, Hundred Reasons

Track Suggestions:

Don't
Ride The Lightning
Bitter

BIO:

Like a loving slap in the face 3 Foot High's debut album Waves has finally landed following on from the hotly released singles Ride The Lightning in August 2018 and Don't in September 2018 the video for which has had over 15,000 views and counting.

3 Foot High's songs are a collection of several Rock genres that have been collated and fused together over a four year period with some of the tracks having existed for more than ten years in the making.

The three close friends that are all huge cogs in the machine that is 3 Foot High pack a powerful punch when deemed a necessity but also have that much loved and sought after touch of finesse which can turn a standard rock song into something that crowds want to sing to and people want to play on repeat until they simply can't take anymore.

The album Waves was recorded at the A.T. Music Group studios in Essex and produced by the hugely talented Marc Fargeot who was perfect at fitting in extra pieces to the puzzle when needed. Waves takes you through a ride of rock styles and genres with the up beat and hard hitting Bitter and Rain or Shine to the epic track Waves to the dark and broody Mean Streak and Feel This Way. However the most loved track to date is Don't, a commercial rock song that harks back to the Foo Fighters greatest hits and has a feeling of hope and positive emotion.

These three guys play what they want, how they want and have a keen sense of what makes people want to come back for more.

3 Foot High want to push themselves onto the next level. "We've had great success so far with our tracks and video and even managed to do some fairly high profile gigs at the O2 Academy Islington 2 and on the main stage of the Brownstock festival. But what we really want is bigger festivals, bigger venues, touring, videos and more tracks. Whatever it takes to propel us onwards and make our particular musical boat go faster." Tim Clark – Lead Singer and Guitarist

Band Line-up:

Tim Clark - guitar/vocals
James Gosling - Bass
Paul Davidson - Drums

Track Listing:

- 1.Runaway
- 2.Ride The Lightning
- 3.Bitter
- 4.The Swedish Night
- 5.Mean Streak
- 6.Feel This Way
- 7.Waves
- 8.Rain Or Shine
- 9.Don't

Social Media Links:

www.twitter.com/3FootHigh

www.facebook.com/3FootHigh

https://www.youtube.com/channel/UC8zb7NI0YcwozEyjW57oy_A

<https://open.spotify.com/artist/2hKA346W3gUjXEuzerrott>

<https://itunes.apple.com/gb/artist/3-foot-high/1371325004>